

Nina Ridenour papers

Section 6, Pages 151 - 180

Nina Ridenour's papers consist of correspondence; press releases and other publicity materials; book reviews (both those for her own books and reviews written by her); manuscripts and draft versions, sometimes with annotations and corrections; comments and critiques; biographical data; bibliographies; reading and research notes; reference materials; a grant application; outlines and lecture notes; invitations; newspaper clippings; scripts; books, pamphlets, and other publications; and other related materials. Some correspondents include Menninger family members and Menninger Clinic staff, Aldous Huxley, Clara Beers (Clifford Beers' widow), and Abraham and Bertha Maslow, among others.

Topics in these materials include publications and publishing (especially Ridenour's books *Mental Health in the United States--a 50-Year History*, *Mental Health Education: Principles in the Effective Use of Materials*, and *Health Supervision for Young Children*); mental health education; the play "My Name is Legion" (based off Clifford Beers' autobiography and co-written by Ridenour and Nora B. Stirling); the American Theatre Wing's community plays, for which Ridenour wrote numerous discussion guides; children's mental health; term papers Ridenour wrote while in school; professional organizations and professional positions with which Ridenour was associated, especially the Ittelson Family Foundation; consciousness; extra sensory perception (ESP)/parapsychology; and other related topics.

The materials span Ridenour's career, though the bulk come from the 1950s and 1960s and provide an excellent overview of her work and professional interests and concerns.

Creator: Ridenour, Nina

Date: 1926 - 1977 (bulk 1950s-1960s)

Callnumber: Menninger Historic Psychiatry Coll., Ridenour, Boxes 1-7

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(DRAFT)

FROM: HARVARD UNIVERSITY PRESS
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FOR RELEASE: UPON RECEIPT

For decades, little knots of professional workers in the various mental health fields (medicine, psychiatry, psychology, social work, nursing and welfare), supported by a handful of dedicated lay people, have struggled to bring about improvement in the shameful treatment of the mentally ill. At last it looks as if the American people are beginning to wake up to the magnitude of the problem and to their own responsibilities as citizens.

How all this came to be so is the subject of a new book, *MENTAL HEALTH IN THE UNITED STATES * A FIFTY-YEAR HISTORY*, by Nina Ridenour, Ph.D. Written for everyone interested in the mental health movement, this "capsule history" stresses the origins of the movement, describing the early successes and failures of the many persons whose activities shaped the course of this unique twentieth century crusade.

To provide a background, Dr. Ridenour describes in absorbing detail the state of things in 1908, when Clifford W. Beers began his pioneering work to improve the nation's mental hospitals. That period saw a number of other important "firsts:" the first American use of the "IQ" tests; the first "cottage system" institution for the mentally retarded; the first out-patient clinic in a mental hospital; the first systematic attempt at psychiatric examination of juvenile offenders; and the first child guidance clinic.

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The untiring efforts of Beers and his early supporters (including William James, William H. Welch, Henry Phipps, Adolph Meyer and Thomas W. Salmon, among others) resulted in the founding of the National Committee for Mental Hygiene, which immediately set about getting the facts concerning the mentally ill in institutions. Surveys of the "asylums" were followed by bringing the sordid facts to the attention of legislative bodies and civic groups so that the recommended changes could be effected. The author describes other important activities of the National Committee, showing how much of this work is still being carried on, though now with the cooperation of other professional organizations and the Federal Government.

Also described is the emergence of psychiatry from institutional isolation to the forefront of medicine. In the first quarter of the century, exciting new methods of treating the mentally ill were being developed and practiced. Much had been learned about mental breakdown in World War I, but the author points out that much was forgotten during the post-war years, and the nation was shocked by the high percentage of "n.p." discharges during World War II. But this shock had a number of beneficial results: a vastly stepped-up program of psychiatry in the armed forces and an increased public understanding of the nature and magnitude of mental illness.

In succeeding chapters, Dr. Ridenour traces the development of child guidance clinics, improved care for the mentally retarded, legal protection of the mentally ill and the government's expanding role. Special attention is given to an analysis of the way in which psychiatric concepts have pervaded the "helping professions." There are also

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chapters on public education, public relations and the present organized citizens' movement, the National Association of Mental Health (successor to Beers' National Committee).

The concluding chapter, titled "Where Are We Now?," attempts to place in historical perspective the current status of mental health and the attendant dilemmas it presents to the American people. Despite some cause for optimism, the author says:

"Psychiatrists closest to the patients in the hospitals keep reminding us of certain hard realities: that in the United States, for instance, there is still only one doctor to nearly two hundred patients in our big mental hospitals, an average of well under an hour of the doctor's time per patient per month. (Is this medicine?) As to costs, the national average is still about \$3.50 to \$4.00 a day for mental patients, whereas it takes \$25.00 to \$30.00 a day to run a bed in a general hospital exclusive of medical attention. In many mental hospitals there is a little core of heroic, dedicated doctors, doing the best they can to treat a tenth of their hospital population while the other nine-tenths vegetate, waiting to die. We dare not congratulate ourselves on 'progress' based on reports of success with the one-tenth if we keep forgetting the nine-tenths."

As Dr. William C. Menninger puts it in his Introduction to this book:

"Further progress in the difficult field of mental illness and mental health will come only when millions of Americans know enough, care enough, and are willing to work together hard enough to make it come.

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Those of us who are devoted to the cause need to take time out now and then to review what has gone before."

MENTAL HEALTH IN THE UNITED STATES - A FIFTY-YEAR HISTORY is intended for reading by those who already have some degree of concern about the subject and know at least something about it. The author, Nina Ridenour, Ph.D., is currently Secretary of the Ittleson Family Foundation and Educational Consultant to the Mental Health Materials Center. From 1949 to 1952 she was Director of the Division of Education at the National Association of Mental Health. From 1947 to 1949 she served as Executive Officer of the International Committee for Mental Hygiene, and as Director of the Division on World Affairs for the National Committee for Mental Hygiene. Prior to these positions she was with the New York City and New York State Committees on Mental Hygiene.

Her work in these posts makes Dr. Ridenour uniquely qualified to have written this history. To quote again from Dr. Menninger's Introduction: "Nina Ridenour brings to her task a grasp of the subject and the sensitivity which come only from years of working and caring... She has been part of many of the events she recounts here."

In addition to her ten years' experience as a psychologist in two child guidance clinics, and two years as a psychologist in industry, she has served as consultant to many community organizations. During her extremely active career, Dr. Ridenour has had more than 70 articles published in professional journals and the mass media, and has collaborated on several pamphlets.

This 160 page book has been published for the Commonwealth Fund by Harvard University Press, Cambridge, Massachusetts, and may be obtained

from the Press at \$3.50 per copy.

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*Draft
from Sareyan's office
Mental Health Materials Center*

for Packet #42 of MHMC

April, 1961

underscore

MEMO TO SUBSCRIBERS:

It happens rarely that the Packet service finds a book which meets its criteria and is at the same time of sufficient importance to replace our usual selection of pamphlets, films and plays. In 1960, we sent you MENTAL HEALTH EDUCATION: A CRITIQUE; in 1958, we selected Marie Jahoda's CURRENT CONCEPTS OF POSITIVE MENTAL HEALTH. In this issue of the Packet, we are once again recommending a book that is both basic and of immediate current interest.

pending?

The book is MENTAL HEALTH IN THE UNITED STATES-- A Fifty Year History by Dr. Nina Ridenour. Its publication date is this week. Its author is outstanding in the mental health field as a writer and ~~an~~ educator.

will off

Here is a history that informs, that stirs, that inspires. Even ~~these~~ ^{individuals} long associated with the mental health movement are bound to gain new knowledge and a better perspective from it. Much of the material in the book has been buried ~~up till now~~ ^{is original material previously unrecorded.} in scores of volumes, and some of it ~~not yet written down.~~ ^{lost, and now} Young readers, or those with little background in the field, will find a wealth of information, presented in a way they can easily grasp.

The book is an antidote for smugness. It jelts any complacency we might have, disturbs any indifference we may feel. At the same time, those who are working in the mental health movement will feel pride in identification with a movement that has been built with the courage and sacrifices of its early heroes. ^{on the heroic struggles of its early workers} Young

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readers, too, may be inspired to embark on a career in a field where more is at stake than the promise of financial opportunities.

The book traces the history and growth of the mental health movement in this country. It concentrates on the beginning of various facets of the movement, especially those earlier in time ^{those} and ^{and} less well-known about which information is less easily available. ^{story of} The organized mental health movement is a thread running throughout the book, starting with the efforts of Clifford Beers in forming the first ~~xxx~~ mental health organization. But the book has a wider scope than that of the organized movement. It deals with all the major "firsts" in American mental health history. The reader travels down through the past fifty years to the present, a witness to the many exciting highlights of events, ideas and people in mental health history. 71x

In the preface the author states that the book is addressed to those who already have some concern and knew at least something about the subject--for the boards, staffs, volunteers of mental health associations; for students



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in the medical, social and behavioral sciences; and for professional workers in mental health and related fields. But in addressing herself to these groups, Dr. Ridenour has created a book for an even larger audience, we believe. The student or citizen concerned about social problems or community affairs would certainly find stimulating material in this book.

The ideas are expressed with the greatest clarity—the kind of clarity that comes when one knows what one wants to say and cares whether the reader will understand. There is not a word of jargon, not a bit of ambiguity in the entire book. And, without talking down, there is often a parenthetical explanation of a term or word.

The book is written from the highly informed, very definite point of view of a person who has long been directly involved in many of the events she has recorded here. There is none of the detached objectivity of the bystander. The author's concern and conviction are evident on every page. Dr. Ridenour began her career working as a clinical psychologist in child guidance clinics and in industry. ^{For many years} During the past 15 years she has ~~been~~ ^{she held important post} directed programs for the National Association of Mental Health, the National and the International Committees for Mental Hygiene and the New York State and New York City Committees on Mental Hygiene. She has been a consultant to many community organizations and is the author of numerous pamphlets and over 70 articles published in professional journals and in popular magazines. At present she is Secretary of the Ittleson Family Foundation and Educational Consultant for the Mental Health Materials Center.

On the last page of the book, the author makes a statement which we think our subscribers will find especially apt because of their interest and

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activities, and the particular relationship they have to the mental health field. Speaking of the mental health field, she says: "To attain its goals, the body of knowledge about mental health must not be limited to any one profession or group of professions, but must be incorporated into the body of knowledge of all the helping professions and all those who work with people. Its success must be measured not by specific accomplishments for or by a few groups, but by the effectiveness with which its ideas are taken over into the work of others and finally become part of the knowledge and understanding of more and more people."

Publication Date: April, 1961

Published for the Commonwealth Fund by Harvard University Press, Cambridge, Mass., \$3.50 per copy.

Introduction written by Dr. William C. Menninger

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No photographs available

January 31, 1961

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Mental Health in the United States:
A Fifty Year History

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360 Roaring Brook Road, Chappaqua, N. Y.

United States

Vincennes, Indiana. December 12, 1904

Secretary, Ittleson Family Foundation.
Educational Consultant, Mental Health Materials Center

A.B., Radcliffe College, 1926. Magna cum laude in psychology; Phi Beta Kappa
M.A., Colorado College, 1930 (Sociology)
Ph.D., New York University, School of Education, 1941 (Educational Psychology)

For publications 1934-1951, see back of printed sheet of "Biographical Data;"
for publications 1952-1960 see typed supplementary list.

Qualifications
for writing this book are based in part on 16 years of experience (1937-1952) as
staff member of mental health associations -- local, state, national, and inter-
national; interest in the organized mental health (earlier "mental hygiene")
movement from college days in the 1920's to the present; extensive publications
in the field; active participation in professional associations (such as Secretary,
American Orthopsychiatric Association.)



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To set forth for the record a history of the mental health movement in the United States -- as accurate, as objective, and as balanced as possible.

Method of approach included analysis of large numbers of reports, records, files, reprints, pamphlets, and monographs, as well as relevant books and journals; and discussions and correspondence, with more than half a hundred authorities and others in the field including psychiatrists, clinical psychologists, psychiatric social workers, pediatricians, educators, mental health association executives, government officials and administrators, foundation executives, public relations staff, writers, volunteers, board members, and other interested lay persons.

The pattern of the book is described in the author's introduction as follows:

"This account has been written out of the conviction that today there are many people interested in the mental health movement who have had little opportunity to hear about its history. Because it is possible to tell only a fraction of the mental health story in a publication this length, stress throughout has been on origins, early developments, 'firsts.' The plan followed has been to devote most space to the beginnings of various facets of the movement, especially to those earlier in time, less well-known, and about which information is less easily available. Then the nearer to the present the story comes, the less space is given to each topic.

"Although there are references to the present, this account makes no attempt to delineate the mental health movement as it is today. For information about the current status of such subjects as psychiatric research, therapy, professional training, clinical and hospital facilities, statistics, public education, citizen participation and half a hundred other aspects of the movement, the reader is referred to the wealth of published material now available. With the exception of one short chapter devoted to the history of international activities, this discussion pertains exclusively to the mental health movement in the United States of America."



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There has been no comprehensive history of the mental health movement for nearly 25 years; not since Deutsch's "The Mentally Ill in America" in 1937, and before that the several brief historical summaries in 1933 and 1934 in connection with 25th anniversary of the founding of the mental hygiene movement.

This book strives not only to delineate all facets of the movement but to interpret activities in terms of the ideas which brought them about.

Perhaps the compactness is worth stressing. People seem to regard its brevity as a virtue. Several have mentioned finishing it in one sitting.

None that I know of.

As described in the author's introduction: "The readers for whom this account is intended are those who already have some degree of concern about the subject and know at least something about it. More specifically this is for the boards, staffs, volunteers and members of mental health associations; for students in the medical, social and behavioral sciences; and for professional workers in mental health and related fields. Hopefully it may also prove useful to legislators and public officials charged with the responsibility for allocating funds and making policy decisions affecting the mental health effort."

Appropriate for both graduate and undergraduate courses in "mental health"; many survey courses, and selected courses in sociology such as community organization; educational and clinical psychology, and child development; some courses in teacher training; conceivably some courses in the medical school curriculum; most important of all, undergraduate courses in social work and graduate schools of social work.



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This has been discussed at length with Mr. Sareyan and he is, I believe, handling the matter of lists adequately. I would stress all groups (organizations, committees, etc.) responsible for pertinent college curricula. An important example is the Council of Social Work Education, Dr. Ernest F. Witte, Executive Director.

World Mental Health: Quarterly Journal of the World Federation for Mental Health, 19, Manchester Street, London, W.1. (John R. Rees, M.D., Director of the Federation, read parts of the manuscript.)

The forty-odd people who read the manuscript would almost all be helpful in promoting it. Mr. Sareyan has their names, titles and addresses. A copy of the "blurbs" is, I believe, on file at the Press.

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Mr. Sareyan has this under consideration - e.g. Mail Pouch of the American Psychiatric Association.

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Supplementary information as requested in the letter from Mr. Loefbourov to Mr. Crane.

Address: 360 Hoaring Brook Road, Chappaqua, N. Y.

Biographical Data

Summarized through 1951 on the enclosed printed sheets. Positions at present (and since 1952) stated under item 5 on "Author's Statement." No other activities or connections since 1952 seem particularly relevant.

Biographical Summaries

Who's Who in America
Who's Who in the East
Who's Who among American Women
American Men of Science
Current Biography, vol. 12, no. 4, April 1951
(reprint enclosed)

Professional Meetings

I no longer attend any professional meetings "regularly" but for many years I attended those listed below, and they would be appropriate places to exhibit the book:

American Orthopsychiatric Association
American Psychiatric Association
American Psychological Association
American Public Health Association
Group for the Advancement of Psychiatry
National Association for Mental Health
National Conference of Social Work
Regional conferences of all the above
Meetings of state and local mental health associations.

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1961

Originals of blurbs
prepared by THMC.

(Almost all of these are
quoted in Blurb Sheet.)

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Unsolicited Comments on Ridenour's
"Mental Health in the United States"
(post - publication)

Listed by Name

Beers, C.
Bronner, A.
Brosin, H.
Davies, A.
Farnsworth, D.
Healy, W.
Jarrett, M.
Langer, M.
Mayo, L.
Menninger, K.
Rees, J.
Rusk, H.

Listed by Title Only

A Professor of Education (Adlerblum)
A Professor of Psychiatry (August)
A Psychiatrist and Author (Binger)
An Industrial Executive (Craig)
A College Dean (Elliott)
A Member of a Community Mental
Health Board (Haberman)
A Foundation Executive (Matthews)
An Administrator of a Mental Insti-
tution (Mintz)
A Public School Official (Rankin)
A Former Executive of a Mental
Health Association (Root)
An Author, Teacher, and Mental Health
Consultant (Ryan)

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Unsolicited Comments on Ridenour's
"Mental Health in the United States"
(Post - publication)

"....amazing book....And every paragraph has some item of importance....should be read by every Superintendent of a Mental Hospital in America. Here's hoping that may come true!"

Mrs. Clifford W. Beers
Wife of the Founder of the
Mental Health Movement.

"....has been read with much pleasure and will be re-read....not a word wasted, every sentence lucid, indeed expressive, and the whole a model of economy and clarity!"

Augusta Bronner
Formerly Co-director of the
Judge Baker Foundation
Child Guidance Clinic

"....want to congratulate you upon this splendid job....a very attractive book and has much solid information...."

Henry W. Brosin, M.D.
President
Group for the Advancement of Psychiatry

"The book is a remarkable one in that the ground covered is done in such a useful and condensed form that I am sure it will be utilized for reference purposes. Everyone interested in our field should read this so that they might have the understanding of the hard work and sacrifices of many people to bring mental health to its present status.

Austin M. Davies
Executive Assistant
American Psychiatric Association

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"....a magnificent job....should be a standard item in the field for many years....Contratulations on a beautiful job."

Dana Farnsworth, M.D.
Director
University Health Services
Harvard University

"You are certainly a master hand with telling terse statements."

William Healy
Formerly Director of the
Judge Baker Foundation of the
Child Guidance Clinic and
Founder of the Child Guidance
Clinic Movement

"....beautifully and artfully done....the material is authentic and yet it is a lovely thing."

Mary Jarrett
First Director of the First School
of Psychiatric Social Work in U.S.

"....an excellent presentation of important development material.... particularly enhanced by your direct and uncomplicated handling of it....we at Ortho liked your clear presentation of Ortho's role...."

Marion F. Langer, Ph.D.
Executive Secretary
American Ortho-psychiatric Association

"....a remarkable job of selecting the key and otherwise significant event in the history of medical health and presenting them in a skillful way."

Leonard W. Mayo
Director
Association for the Aid of Crippled
Children and Chairman of the
President's Panel on
Mental Retardation

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"It is splendid!"

Karl Menninger, M.D.
Chief of Staff
The Menninger Foundation

"....excellent. It interests one the whole way through....ought
to do a lot of good...."

John R. Rees, Director
World Federation for Mental Health

"....a colossal job, beautifully done."

Howard A. Rusk, M.D.
Director
Institute of Physical Medicine
and Rehabilitation, New York
University-Bellevue Medical Center

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"....fine writing that distills the essence of ideas into terse, meaningful language."

A Professor of Education

"I found it remarkable that you condensed so much in so brief a statement and with what understanding and sensitivity you selected the points to highlight....I am making your book, along with Deutsch's required reading for residents."

A Professor of Psychiatry

"....really a gem....extraordinary simplicity and clarity and inclusiveness....free from all the cant and stereotype lingo that offend the sensitive ear. I wish I had written it myself."

Psychiatrist and Author

"....a remarkable review of an exciting and important field.... delightful as well as stimulating."

An Industrial Executive

"It has everything that those who previewed it mentioned -- facility of style, lucidity, and exciting information."

A College Dean

"You have done a hard job so well that compliments are superfluous....I felt as if every page reflected what I have known at first hand."

A Professor of Psychology(Retired)

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"....congratulate you on such a useful, well-written, difficult -- almost impossible -- piece of work. It will be used and referred to for years and years....Your mark lies on every page -- the meticulous marshaling of facts, your fair minded appraisals, your whittling and pairing of the voluminous material. What a satisfaction to do a book that only you could really do."

A Member of a Community
Mental Health Board

"....a readable cogent perspective on a subject of great importance in our times. I particularly liked the last chapter....It gives a running start on the future."

A Foundation Executive

"....the first time in a long time that I have been able to read a professional work through to the end in one sitting. The history of mental health in the United States needed recording and it could not have been set down any better than you have now done."

An Administrator of a
Mental Institution

"....an exceedingly fine job....a real flair for writing....with clarity and simplicity."

A Public School Official

"....most enlightening....easy and clear style.... What impressed me most, however, was the way you organized the very large volume of material into the sensible and readable chapters."

Former Executive Director of a
Mental Health Association

"....a valuable book; it will be very useful for those giving university courses and in many other ways."

An Author, Teacher and
Mental Health Consultant

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1960

"Since 1908: A Capsule History of
the Mental Health Movement" -
by Nina Ridenour, Ph.D.

COMMENTS ON DRAFT OF MANUSCRIPT

(The following comments were made by people who were asked
to criticize the draft for purposes of correction and revision.)

Vera Allen Formerly, Chairman of the Board, American Theatre
Wing; creator of American Theatre Wing Community
Plays

"Magnificent -...wonderfully clear...lucid is the word."

Robert Barrie - Executive Director, New York State Association
for Mental Health

"An excellent piece of work...I feel privileged..."

Muriel W. Brown, Ph.D. Parent Education specialist, Children's
Bureau, Department of Health, Education
and Welfare

"I marvel at the skill with which you have covered so much ground
in so small a book."

William T. Beaty, II Assistant Executive Director, New York State
Association for Mental Health; President, World
Federation for Mental Health; U. S. Committee, Inc.

"....I have never read a manuscript which I found more thrilling and
more beautifully written. My reaction can be attributed to my great
interest in the field and also my tremendous respect for your skill in
analyzing and putting into words various situations and developments.
Further, the document has an objectivity which is almost unbelievable
since you have been so close to so much of what has happened in the
field..."

Mrs. Clifford W. Beers

"Marvelous...Nina always was a good writer but this time she outdid
herself....Perfect as it is....so accurate...wonderful."

Earl D. Bond, M.D. Institute of the Pennsylvania Hospital; Past President
American Psychiatric Association. Biographer of
Dr. Thomas W. Salmon.

"It is amazing how much and how correct factual material is caught
in your book and how the present state of things is shown as rising

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from different sets of beginnings... I cannot find an error in fact or even in implications. I enjoyed your comment on mental health and its ambiguities... Thank you for letting me read a good manuscript."

C. Douglas Darling, M.D. Psychiatrist, Student Medical Service, Cornell University; Past President and presently Chairman of Professional Advisory Committee of the New York State Association for Mental Health; Chairman, Committee on Academic Education of the American Psychiatric Association.

"...a work of art...transmits facts in such a readable, interesting and challenging way.... a much needed publication...you, alone, could have done it."

Stanley P. Davies, Ph.D. Director of Special Studies, New York State Association for Mental Health; formerly Executive Director Community Service Society and President, New York State Association for Mental Health.

"First permit me to rave. You have done a magnificent job. I became completely absorbed in the 123 pages and have read them with growing amazement...that you could have so accurately and beautifully pulled all this history together...It is indeed a remarkable achievement and it goes without saying that it will be a lasting contribution in preserving this dramatic and all-important history.. There can be no doubt that the necessary funds should be forthcoming to publish this history and do right by it in format...Incidentally, I thought your chapter headings were 'tops'."

Albert Deutsch Journalist; author, "The Mentally Ill in America" "The Shame of the States" and other books.

"I enjoyed the manuscript thoroughly. You have got a remarkable amount of information packed into it and you have spelled it out with characteristic thoughtfulness and skill."

John Eberhart, Ph.D., Executive Associate, Commonwealth Fund

"I couldn't put it down."

R. H. Felix, M.D. Director, National Institute of Mental Health, Department of Health, Education and Welfare; President, American Psychiatric Association.

"It is really a remarkably comprehensive piece of work and the

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language is both interesting and persuasive. You have done a fine job in this 'Capsule History' and I hope you will let us have the publication date when it is released as there will undoubtedly be many people at NIMH who will want to get hold of it...I am very glad to have had the opportunity of seeing this and I feel sure it will be well received."

William Goldfarb, M.D. Director, Henry Ittleson Center for Child Research

"I had more to learn from your history than to contribute".

J. D. Griffin, M.D. General Director, Canadian Mental Health Association

"I think without any doubt this is one of the finest short histories of the mental health movement that I have ever read. I was absolutely fascinated and literally could not put the draft document down once I had started. I practically insisted on staying on the plane in order to finish it after we arrived in Montreal...Magnificent story...Again may I congratulate you on a perfectly superb job. It is as thrilling a story as any fiction and, as you quote William James, 'But it is not fiction'."

Molly Harrower, Ph.D. Associate Professor of Research in Clinical Psychology, Department of Psychiatry, Temple University; Consultant Psychologist, John Hopkins Hospital.

"I read your book from cover to cover and enjoyed it enormously. I consider myself one of those for whom you explicitly wrote and I learned a lot...I like your chapter headings and the style in which the whole thing is done. So my 'critical' comments are very minor. Most enjoyable. Thanks for letting me read it."

Richard C. Hunter Executive Director, Mental Health Association of Southeastern Pennsylvania; formerly National Association for Mental Health and National Mental Health Foundation.

"Readable...you did a beautiful job with the National Mental Health Foundation...I am tremendously impressed with what you have written and hope it will find its way into print soon. I also hope there may be some way to produce it inexpensively enough to assure wide distribution...I am sure the publication of this document will be one of the major contributions to World Mental Health Year."

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Isabel Johnson Associate Editor, Mental Health Materials Center;
formerly, National Association for Mental Health.

"Fine writing....good, clear, easy"

Mrs. Georgia Lightbody Educator, Copy Editor

"Fascinating...."

William C. Menninger, M.D. General Secretary, Menninger Foundation;
Past President, American Psychiatric
Association.

(Before reading the manuscript: "I think it is a break for the movement that you would do the research work and then make the effort to write it up.") After reading: "I want to tell you how happy I am about this--I think it is perfectly wonderful and learned a great deal in reading it. I think it is a fine thing to put together this story of the struggles--that is what it seems to me it really is, so many as yet unsolved and yet worked at--in this story, recited round by round... The book as a whole--grand... I want to commend you and tell you how much I enjoyed reading this and the privilege that you have given me in sending it to me."

Merle W. Mudd Executive Director, Connecticut Association for
Mental Health

"I want to congratulate you on what I think is an extremely good publication which will have great value to the entire mental health movement. It has been badly needed for a long time. I can see many uses for it..."

Jack Neher Field Director, Mental Health Materials Center; formerly
National Association for Mental Health and National
Mental Health Foundation.

"I read (it) in one sitting and found it fascinating reading. The way you organized the material and managed to convey a sense of perspective is nothing short of miraculous. Like many people who came into this field only after the War, I had only a vague idea of what had gone on since Beers' book first appeared and am happy that all of these events are now set down in black and white--and in detail."

John R. Rees, M.D. Director, World Federation for Mental Health;
formerly Senior Consultant in Psychiatry to the
British Army.

"Splendid... wonderful to have it... Please make it a World Mental Health Year publication."

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Robert L. Robinson Public Information Officer, American Psychiatric Association.

(Concerning sections on psychiatry only) "Excellent... nothing inaccurate... encompassed the subject."

Mabel Ross, M.D. Mental Health Consultant, National Institute of Mental Health.

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